Journey Clinical

Do you have patients that are *stuck?*

At Reigle Therapeutics Group, we offer Spravato® for individuals who haven't found relief from antidepressants alone. We partner with clinicians to help your patients access specialized depression treatment so you can remain focused on your patient's broader medical care.

Reigle Therapeutics Group

160 South Progress Avenue, Suite 2D
Harrisburg, PA 17109

Sessions are held in our space for comfort and efficacy.

Many Spravato® clinics treat large groups of patients together in the same shared room, which can feel cold and impersonal.

At Reigle Therapeutics Group, your patient's sessions will take place in our curated space with attentive support and fewer patients to improve their experience and outcomes.

Meet Our Dedicated Care Team

Dr. Tony Reigle, PhD, LPC Site Representative / Therapist

I'm the founder of Reigle Therapeutics Group and the site representative for Spravato® treatment in Harrisburg, PA. I manage all logistics and coordinate care between your patient and our clinician.

Kenyatte Canidate, PMHNP Spravato® Clinician / Prescriber

I'm a Psychiatric Nurse Practitioner with Reigle Therapeutics Group's clinical team. I oversee all medical aspects of Spravato® treatment, from your patient's first consultation to to providing in-person monitoring during each session.

How We Support Your Patient's Ongoing Care

Spravato® works best as part of a comprehensive depression treatment plan.
At Reigle Therapeutics Group, we collaborate with clinicians to support patients struggling with depression. While you continue managing your patient's overall health, our team focuses on providing Spravato® treatment and mental health support in a personalized setting.

You provide: ongoing care and/or medication management throughout your patient's treatment.
We provide: attentive monitoring and specialized mental health support throughout treatment.

Flip the page to learn more about the benefits of Spravato® →

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For those who haven't found relief with standard antidepressants.

Spravato® is the only FDA-approved nasal spray for treatment-resistant depression (TRD) and major depressive disorder with suicidal ideation (MDSI). Administered under supervision in a certified healthcare setting, it works differently from traditional antidepressants by targeting glutamate, a brain chemical involved in mood regulation.

relief within **24 hours**

Intake availability within **1 week**

Who Spravato® Can Help

Treatment-resistant depression (TRD)

- Patients with persisting depression (MDD) symptoms despite trying **two or more oral antidepressants**

Major depressive disorder with suicidal ideation (MDSI)

- Patients experiencing severe depression (MDD) with recurring suicidal thoughts

What does the treatment process look like?

1. **Consultation**
   Evaluation with one of our prescribers where they will determine eligibility.
   60 MINS - TELEHEALTH
2. **Induction**
   Two times a week in an in-person clinic.
   WEEKS 1-4
3. **Optimization**
   Once a week in an in-person clinic.
   WEEKS 5-8
4. **Maintenance**
   Once a week in an in-person clinic.
   ONGOING

We accept the following insurance providers:

Aetna, Cigna (Evernorth), UnitedHealthcare, Optum, UMR

Refer a Patient

Our team will guide your patient through the next steps, keeping you informed along the way.

Questions?
You can reach our team at **referrals@journey.clinic** or **833-633-8165.**