Journey Clinical

Experience Spravato® in a Setting Designed for Relief

Many Spravato® clinics treat large groups of patients together in the same shared room, which can feel cold and impersonal.

At Reigle Therapeutics Group, your sessions will take place in our curated space with attentive support and fewer patients to improve your experience and clinical outcomes.



Reigle Therapeutics Group

160 South Progress Avenue, Suite 2D
Harrisburg, PA 17109

Meet the Team



Dr. Tony Reigle, PhD, LPC Site Representative / Therapist

I'm the founder of Reigle Therapeutics Group and your on-site representative. My practice is a space where healing happens in whatever form is right for you. I'm here as a resource before, during, and after your journey.



Kenyatte Canidate, PMHNP Spravato® Clinician / Prescriber

I'm a Certified Physician Assistant with Journey Clinical's medical team and your Spravato® prescriber. I'll be with you for every dosing session to ensure you're safe, comfortable, and supported from start to finish.

As Low as $10 a Session with Insurance

The Spravato®withMe program offers rebates to help cover eligible out-of-pocket costs. Based on your insurance benefits and deductible, eligible patients can receive assistance that reduces treatment expenses to as low as $10 per session.

Aetna, Cigna (Evernorth), UnitedHealthcare, Optum, UMR

Flip the page to learn more about the benefits of Spravato® →

Journey Clinical

Get Rapid Relief from Depression with Spravato®



Spravato® is the only FDA-approved nasal spray for adults living with treatment-resistant depression (TRD) or major depressive disorder with suicidal ideation (MDSI).

Unlike traditional antidepressants — which work on serotonin, norepinephrine, and dopamine — Spravato® acts on glutamate, a different chemical messenger in the brain thought to regulate mood.

It is administered as a nasal spray in a certified healthcare setting, under provider supervision.

Who Spravato® Can Help

People with treatment-resistant depression (TRD)

- If depression (MDD) symptoms have persisted despite trying **two or more oral antidepressants**

People with major depressive disorder with suicidal ideation (MDSI)

- If you are experiencing severe depression (MDD) with recurring suicidal thoughts



✓ relief within **24 hours** ✓ **42% in remission** after 16 weeks

What does the treatment process look like?

1 **Consultation**
Evaluation with one of our prescribers where they will determine eligibility.
60 MINS - TELEHEALTH

2 **Induction**
Two times a week in an in-person clinic.
WEEKS 1-4

3 **Optimization**
Once a week in an in-person clinic.
WEEKS 5-8

4 **Maintenance**
Once a week in an in-person clinic.
ONGOING

Ready to get started?

Scan the qr code and fill out a brief form to see if you're eligible. Once submitted, our clinical team will reach out to guide you through your personalized onboarding process.

Questions?
Email us at **spravato@journey.clinic** or call **833-633-8165.**